

REVERSE ADVENT CALENDAR



on each day please collect, in a box, items for the St Austell Foodbank and donate at the address below between 13:00-15:00 Monday, Tuesday, Thursday and Friday

1 Coffee 	2 Meat 	3 Pudding 	4 Vegetables 	5 Fruit 
6 Potatoes 	7 Juice 	8 Cereal 	9 Biscuits 	10 Milk 
11 Soup 	12 Tomatoes 	13 Fish 	14 Pasta Sauce 	15 Rice 
16 spaghetti 	17 Pasta 	18 Coffee 	19 Meat 	20 Pudding 
21 Vegetables 	22 Fruit 	23 Potatoes 	24 Juice 	25 Toiletries 



w: www.staustell.foodbank.org.uk

e: info@staustell.foodbank.org.uk

p: 01726 65313

The Light & Life Centre, Units 4-5 Brunel Business Park,
The Sidinas, St Austell, PL25 4TJ

HELPING LOCAL PEOPLE IN CRISIS

